



# SHOULDER360<sup>TM</sup> COURSE

LOEWS MIAMI BEACH

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## Anthony Romeo, MD

A national and international leader in shoulder, elbow, and sports medicine conditions, Dr. Romeo gets patients back to sport, work, and play quickly. As a surgeon and researcher, he works at the intersection of science and sports to restore function using minimally invasive, cutting-edge techniques. His patients include individuals needing to get back to work, professional athletes seeking a return to a similar level of pre-injury performance, and those who are looking for an improved quality of life.

Dr. Romeo spent 25 years practicing in Chicago, IL where he served as a team physician to The Chicago White Sox and The Chicago Bulls, as well as a consultant for numerous NFL, NCAA, and Olympic level athletes for more than 15 years. As a longtime member of the Chicago community, he has been recognized as one of the Best Doctors in America many years in a row and is one of fewer than 6% of physicians selected to receive the Patient's Choice Award on a consistent basis, as well as being recognized a Top Doctor for more than 10 years.

In 2018, Dr. Romeo had the opportunity to move to New York City to serve as the Chief of Orthopaedics for the Rothman Orthopaedic Institute in New York. His work included being on Staff at Lenox Hill Hospital, as well as a full professorship in the Department of Orthopaedics at the Zucker School of Medicine at Hofstra/Northwell Health. He was immediately recognized by Castle Connolly as a Top Doctor for the New York Metro Area.

### Specialties

As a shoulder and elbow specialist, Dr. Romeo's meticulous approach accelerates the recovery process for challenging conditions such as rotator cuff disease, shoulder instability, and arthritis. Dr. Romeo has pioneered outpatient shoulder replacement surgery which can be safely performed in the ambulatory surgery center environment. He performs rotator cuff repairs and stabilization procedures using minimally-invasive and state-of-the-art arthroscopic techniques. He also specializes in complex revision surgeries. In fact, Dr. Romeo routinely receives referrals from other orthopaedics surgeons to manage complex shoulder and elbow problems, including revision surgery or complications of previous care.

### Education

After graduating as Valedictorian of his high school and captain of the football team, Dr. Romeo completed his Bachelor of Science degree at the University of Notre Dame, where he continued his efforts as a varsity football player. He earned his Medical Degree from the St. Louis University School of Medicine, where he was selected as the best all-around student in his medical school class. He completed his residency in orthopaedic surgery at the Cleveland Clinic Foundation, and then his shoulder and elbow surgery fellowship at the University of Washington Medical Center in Seattle.

Dr. Romeo is a leading member of numerous professional societies and was selected by his peers to be the President of the American Shoulder and Elbow Society from 2017-2018. He is the Chief Medical Editor of *Orthopaedics Today*, a newspaper that has more than 30,000 subscribers. In this role, he is responsible for a monthly thought-leading commentary, typically focused on challenging topics impacting the field of musculoskeletal care and our society. He also currently serves as an editor and reviewer on several orthopaedic medical journals.