

STEPHEN BROCKMEIER, MD

Dr. Brockmeier joined the UVA Department of Orthopaedic Surgery in 2010. He specializes in sports medicine and shoulder surgery. This includes arthroscopic and reconstructive surgery of the shoulder and knee with a specific focus on sports injuries of the upper extremity. He has advanced experience in arthroscopic shoulder techniques, including arthroscopic rotator cuff repair, arthroscopic labral repair and shoulder stabilization and reconstructive procedures of the shoulder and AC joint. In addition, Dr. Brockmeier specializes in reconstructive surgery of the shoulder, including total shoulder replacement, humeral resurfacing, revision shoulder arthroplasty and reverse shoulder arthroplasty.

Dr. Brockmeier serves as team physician for the University of Virginia as well as for James Madison University. Prior to joining the UVA faculty, Dr. Brockmeier completed medical school and orthopaedic residency training at Georgetown University followed by a fellowship in sports medicine and shoulder surgery at the Hospital for Special Surgery in New York. He then spent three years in practice in Charlotte, North Carolina, specializing in sports medicine, arthroscopy, and shoulder surgery. While in Charlotte, he served as team physician for the Charlotte Bobcats and was an orthopedic consultant for a number of high schools and youth baseball organizations. Dr. Brockmeier moved to Charlottesville to pursue an academic career with a research emphasis on clinical outcomes in the area of arthroscopic and open shoulder procedures. Currently, he is the principal investigator on clinical trials evaluating scaffold augmentation of rotator cuff repair and stemless total shoulder arthroplasty.

Outside of work, Dr. Brockmeier spends as much time as possible with his wife, Kristin, and their three children, Ben, Jack and Paige. He enjoys the outdoors, hiking, cycling, golf, tennis and skiing.