



# SHOULDER360<sup>TM</sup> COURSE

LOEWS MIAMI BEACH

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## Ronald Navarro, MD

Dr. Navarro is a proud Hispanic American who was raised in the Los Angeles harbor area of Wilmington and attended the Los Angeles public school system. As a child, it was his dream to become an orthopedist/sports medicine specialist (he even wrote about it in my high school autobiography). Today, he works in the same community where he was raised. A board certified orthopedic surgeon, Dr. Navarro has more than 23 years of surgical experience in the operating room. His primary surgical and orthopedic training was at Harbor-UCLA Medical Center. He completed a post-residency fellowship program in sports medicine, arthroscopy, and specialized shoulder surgery at the University of Pittsburgh, and now have more than 17 years of specialization in shoulder surgery, orthopedic sports medicine, and arthroscopy.

Dr. Navarro enjoys taking a highly personalized approach to caring for his patients. He believes the most important aspects of providing quality care are listening to your needs, preventing musculoskeletal injuries, giving you treatment options, and helping you return to a healthy and active lifestyle.

To stay healthy, he stays involved in athletic endeavors. He jogs and keep fit, and enjoys keeping an active lifestyle. Dr. Navarro enjoys to read, especially great autobiographies, to better understand the great minds of our world. He enjoys the rural nature of his community neighborhood, especially when experiencing it with his wife and wonderful children.