



SHOULDER360™ COURSE

LOEWS MIAMI BEACH

APRIL 13-15, 2023

WWW.SHOULDER360.ORG

Paul M. Sethi, MD

Paul Sethi, MD is a board-certified orthopedic surgeon who specializes in sports medicine conditions of the elbow, knee and shoulder. He is a leading research physician who speaks at academic and instructional medical conferences in the US and abroad. His research on surgical advances in his specialty is regularly published in leading medical journals, including the Journal for Shoulder and Elbow Surgery, Arthroscopy, and the Journal of American Academy for Orthopaedic Surgery. He also collaborates with outside companies for education and research purposes and to develop medical procedures on the shoulder, elbow and knee. Dr. Sethi is a member of the prestigious American Shoulder and Elbow Society and American Academy of Orthopedic Surgeons. He is President of the ONS Foundation for Clinical Research and Education(ONSF).

Dr. Sethi completed a sports medicine fellowship at the Kerlan Jobe Orthopaedic Institute in Los Angeles, CA. His research on athletic performance while a resident surgeon at Yale, his studies of professional basketball players, and his experience as a college varsity athlete have provided Dr. Sethi with an informed perspective of sports-related injuries and conditions.

Dr. Sethi served as orthopedic consultant to the Los Angeles Dodgers baseball team. He is a former assistant team physician of the Los Angeles Lakers basketball team, Los Angeles Kings hockey team and the Los Angeles Dodgers. He is also a former assistant team physician of the University of Southern California football team.

Dr. Sethi serves as team physician to Greenwich High School, Brunswick High School and Iona Preparatory High School. In regular speaking engagements he asserts that proper fitness conditioning is essential to preventing sports injuries for professional as well as amateur athletes.

As President of the ONSF, Dr. Sethi's research has recently included clinical study of the non-opioid solutions for post-surgical pain management; the establishment of better methods for surgical skin preparation (cleaning) to lower the risk of surgical infection; development of a new technique to repair chronic or weakened biceps tendons; and the evaluation of surgical needles in tendon surgery to establish international guidelines on needle use.