



# SHOULDER360<sup>TM</sup> COURSE

LOEWS MIAMI BEACH

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## Brian Waterman, MD

Dr. Brian Waterman is a board-certified, former military orthopedic surgeon specializing in sports medicine, cartilage restoration, and shoulder and elbow care. He earned his undergraduate degree from the University of Virginia and graduated with his medical doctorate from Eastern Virginia Medical School in Norfolk, VA. Dr. Waterman subsequently performed his internship and residency in orthopedic surgery through the U.S. Army at the combined program of William Beaumont Army Medical Center and

Texas Tech University Health Sciences Center in El Paso, Texas. Dr. Waterman performed his fellowship training with the renowned Sports Medicine program at Rush University Medical Center in Chicago. He has served as a team physician for the Chicago Bulls (NBA), Chicago White Sox (MLB), Chicago Fire (MLS), and Chicago Steel (USHL). He previously received additional training in complex knee, shoulder, and elbow reconstruction at the Mayo Clinic, and he been selected for the prestigious American Orthopaedic Association North American Traveling Fellowship and Arthroscopy Association of North America's (AANA) Advanced Arthroscopy Traveling Fellowship.

A 13-year military veteran, Dr. Waterman has served his country with distinction, earning multiple honors including the Meritorious Service Medal and Army Commendation Medal. He previously completed a combat deployment with the 28th Combat Support Hospital to Helmand Province, Afghanistan in support of the 8th Marine Regiment from Camp Lejeune, NC and a multinational force from Jordan and Afghanistan. Dr. Waterman is committed to graduate medical education and clinical and translational research. He has previously served as Director of Orthopaedic Research in Texas, and he holds faculty appointments at WBAMC, Texas Tech University, and the Uniformed Services University of the Health Sciences in Bethesda, MD.

Dr. Waterman is currently an Associate Professor in Orthopaedic Surgery at Wake Forest Baptist Medical Center in Winston-Salem, North Carolina. He has published over 100 peer-reviewed research manuscripts, 20 book chapters, and received the institutional award at WBAMC for Researcher of the Year on three separate occasions. He is on the editorial board of the Arthroscopy Journal and American Journal of Orthopaedics. He serves on multiple committees through American Academy of Orthopaedic Surgery (AAOS), Society of Military Orthopaedic Surgeons (SOMOS), and AANA, in addition to being a member of the American Orthopaedic Society for Sports Medicine (AOSSM) and American Shoulder and Elbow Society (ASES).

Dr. Waterman truly enjoys quality time traveling and hiking with his wife, Sarah, a historical fiction author, and their dog, Gilbert. As a former intercollegiate soccer athlete at Elon University, Dr. Waterman is enthusiastic about all things sports and fitness-related. He looks forward to caring for Atlantic Coast Conference athletes as a member of the Wake Forest Sports Medicine group.