



SHOULDER360TM COURSE

LOEWS MIAMI BEACH

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Nikhil Verma, MD

Nationally renowned orthopedic surgeon Dr. Nikhil Verma is a professor in the department of orthopedic surgery and serves as director of the division of sports medicine and shoulder, as well as director of the sports medicine fellowship program at Rush University Medical Center.

- Fellowship Director, Professor and Chief of Sports Medicine at Rush University Medical Center
- Shoulder, Elbow and Knee Surgeon at Midwest Orthopaedics at Rush
- Head Team Physician for Chicago White Sox
- Team Physician for Chicago Bulls
- Voted Top Doctors in America[®] for 15 consecutive years by U.S. News & World Report and Castle Connolly

Dr. Verma specializes in the treatment of shoulder, elbow, knee, and sports-related injuries and maintains an active clinical practice, performing more than 900 procedures per year. He also serves as head team physician for the Chicago White Sox and team physician for the Chicago Bulls. Dr. Verma has been named by his peers one of the “Best Doctors in America” every year since 2007 by Castle Connolly, as well as being named to Chicago Best Doctor List by Chicago Magazine.

In addition to his clinical practice, Dr. Verma is involved in orthopedic research with interests in basic science, biomechanics, and clinical outcomes. He has authored over 300 peer-reviewed manuscripts in major orthopedic and sports medicine journals and written numerous book chapters. Dr. Verma routinely serves as teaching faculty for international orthopedic courses on advanced surgical techniques and has received funding for his work from Major League Baseball, the American Orthopedic Society for Sports Medicine, the Arthroscopy Association of North America and the Association of Shoulder and Elbow Surgeons.

Dr. Verma earned his bachelor’s degree at the University of Michigan in 1994 before going on to earn his medical degree at the University of Pennsylvania School of Medicine. He completed his orthopedic residency at Rush-Presbyterian-St. Luke’s Medical Center in Chicago, plus a fellowship for sports medicine and shoulder surgery at the Hospital for Special Surgery in New York. While there, he served as an assistant team physician for the St. John’s University athletic department. Dr. Verma also received specialized training in the treatment of shoulder and elbow disorders in overhead-throwing athletes.